

FOOD AND NUTRITIONAL SECURITY IN HUMAN LIFE CYCLE APPROACH

Our Rights under National Food Security Act, 2013

Right to receive foodgrains at subsidised price.

- Every Person belonging to priority household shall receive 5-kg of Food grains per month at subsidised price from State Government under the Targeted Public Distribution System.
- Households covered under Antyodaya Anna Yojana be entitled to 35 kg of food grains per household per month as per price list.



Nutritional Support to Pregnant Women and Lactating Mothers.

- Free of charge meal during pregnancy and six months after the child birth through Anganwadi.
- Maternity benefit of not less than Rs 6,000/- for women who are not in regular employment with the Central or State Government or Public Sector undertaking.



Nutritional Support to Children.

- Age appropriate meal free of charge through local Ananwadi to Children in the age group of 6-months to 6-years.
- Promotion of Breastfeeding for Children below the age of 6-months.
- For Children up to Class VIII or within the age group of 6-14 years mid-day meal free of charge every day except holidays in Schools run by local bodies, Government and Government aided Schools.



Prevention and Management of Child Malnutrition.

- Meals free of charge to children who suffer from malnutrition.



Right to receive Food Security Allowance in certain cases.

- In case of non-supply of food grain or meals Food Security Allowance to be paid to entitled persons.



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